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Disability News

Your One Stop For Injury and Disability News (and some fun stuff, too!)

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Play Ball!

The saying goes April Showers brings May Flowers. As of yesterday, April Showers brought snow, cold and opening day! I am very happy (if not a bit cold still from sitting out at Yankee Stadium for four hours in the bitter cold!) that Baseball is back. I realized over the winter that I had somehow become a 'true' fan of the game and missed my baseball. Having the T.V. on in the background, tuning into the radio broadcast, going to a game, getting ready for my son Joshua's little league and just knowing the 'boys of summer' are here is a wonderful thing.

As Spring struggles to get here I am getting more and more excited knowing what is in store, especially on the baseball diamond. It got me thinking about a lot of things and how we can start to look forward to new growth (leaves, grass, flowers, allergies!) and a change – for the better. Getting out of the winter doldrums, spending time outdoors and looking forward to all that Spring and Summer have to offer.

Playing Baseball? Keep These Safety Tips in Mind

Many people don't think of baseball as a dangerous sport as it might not be in the same league as football or hockey. However, it can be dangerous—being hit by a bat or a ball does happen. If you're playing the game or coaching the kids, you'll want to keep these tips in mind.

- Wear a helmet when batting! Anyone that gets up to bat is at risk of getting hit by a pitch.
- Playing catcher? Wear a catcher's mitt, face mask, throat guard, long chest protector and shin guards.
- Pitching? Follow the guidelines as to how many innings one should pitch or how many pitches to throw—pitches are often at risk of shoulder or arm injuries.
- Warm up! As before engaging in any sport, be sure to stretch and warm-up your muscles.
- Wear baseball shoes or cleats! Having the right footwear makes a difference whether you're running around the bases or chasing a ball!
- Playing outfield? Avoid a collision—call the ball.
- Watch the sun! Wear sunscreen, caps and visors—the sun can be blinding and is unpredictable. And, stay hydrated!
- Be sure the field is free from debris and make sure there aren't any holes or stumps in the infield or outfield.

You asked for information— we got it!

Check out the disability specialists at

www.markhofflaw.com

Beware of Flying Bats, Balls and Hot Dogs

What a story! We couldn't make it up! And, we couldn't explain it better ourselves. So rather than trying, we're including this article and giving full credit to Mark Morris of The Kansas City Star. Good job, Mark!

"The Royals' season doesn't open for three weeks, but already the club's pitching has scored a big win. A Jackson County jury ruled in the team's favor Wednesday in the case of the flung frank. Jurors deliberated a little more than an hour before finding that the Royals were not responsible for injuries suffered by a Kansas man who was hit in the eye by a foil-wrapped hot-dog at a September 2009 game."Obviously, we are happy with what the jury decided to do," said Scott Hofer, a lawyer who represented the Royals.

The incident happened during one of those entertaining between-inning bits, when Sluggerrr, the Royals' mascot, stands on a dugout roof and fires bubble-wrapped hotdogs into the stands with an air cannon. While an assistant reloads the cannon, Sluggerrr grabs a handful of foil-wrapped hotdogs and tosses them into the crowd.

On the day in question, according to the suit, Sluggerrr tried a behind-the-back throw but lost control of the sausage, which smacked the left eye of John Coomer, about six rows up. Coomer suffered a detached retina and has undergone three surgeries. He wanted the Royals to pay his expenses. "I'm hugely disappointed," Coomer said, "but I respect the outcome."

In testimony Tuesday, Byron Shores, who wore the Sluggerrr suit for 13 years and eight months, said he did not remember throwing the hotdog that struck Coomer. Shores said he always tried to perform his job safely. Shores could not be reached for comment after the verdict.

David Allen, who testified Wednesday morning, sustained the only other flying hotdog injury ever documented at The K. A frank hit him square in the face, breaking his glasses and leaving him with a small cut under one eye. Allen said Shores apologized afterward at the stadium's medical facility. "He said it was the first time it had happened in 13 years and that the Royals would take care of me," Allen said. The team replaced his glasses and gave him some free tickets, Allen said."

To see the original article visit http://www.kansascity.com/2011/03/09/2712755/royals-dont-have-to-pay-in-the.html.

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Baseball Humor

Two old men had been best friends for years, and they both live to their early 90's, when one of them suddenly falls deathly ill. His friend comes to visit him on his deathbed, and they're reminiscing about their long friendship, when the dying man's friend asks, "Listen, when you die, do me a favor. I want to know if there's baseball in heaven."
The dying man said, "We've been friends for years, this I'll do for you." And then he dies.
A couple days later, his surviving friend is sleeping when he hears his friend's voice. The voice says, "I've got some good news and some bad news. The good news is that there's baseball in heaven."
"What's the bad news?"
"You're pitching on Wednesday."

1. What goes all the way around a baseball field but never moves?
2. Why did the coach kick Cinderalla off the baseball team?
3. Why did the cop run across the baseball field?
4. What has eighteen legs and catches flies?

Answers:

1. The fence
2. Because she ran away from the ball
3. Someone stole 2nd base
4. A baseball team

Featured Guests: Dr. Dimitri & Dr. Higgins from L.I. Advanced Healthcare

Have you ever heard the term, multi-disciplinary when dealing with a doctors office? What does it really mean and why would you, as a patient, want a multi-disciplinary practice? Great question. Simply put – a multi-disciplinary approach to medical treatment means that the doctors and practitioners involved in your care are not focused solely on ONE method but look to you as a whole and seek to help you become and stay healthy by using MANY different methods and areas of practice. For example, lets assume you injured your back due to a work accident. Lets also assume you may have some weight issues. A medical practice that uses the multi-disciplinary approach will have you see a chiropractor to identify conditions related to your spine, the family medical doctor will assess your weight and related matters, the orthopedist will conduct an exam to make sure of the level of musckuolskelatla problems (and consult with the chiropractor and family doctor) and so on. It is a way to treat the WHOLE you….

At *Long Island Advanced Healthcare* we believe in a multi-disciplinary approach to the treatment of musculoskeletal injuries. This assures that all of your problems related to your injuries are identified and addressed in a professional environment. Our office offers Family Medicine, Chiropractic Medicine, Orthopedics, Neurology and Massage Therapy. Our staff is experienced and bilingual. We accept no-fault, Workers Compensation, Medicare and most major medical insurances. The office is located at 11 Carleton Ave, East Islip, NY. For further information and/or to schedule an appointment please call 631-224-7474.

Dr. Dimitri and Dr. Higgins,
Healthcare Specialists at LI Advanced Healthcare

Meet the Team….Caren Suesserman

As Client Appraisal Manager, I have been a part of the Social Security Disability Benefits Department at Markhoff & Mittman since November 2009. A decade earlier I had "retired" from my job as an advertising account supervisor, taking time off to raise my two children, now 12 and 10. I wasn't sure what to expect after having been out of the work force for so long, but within minutes of starting my first day at Markhoff & Mittman, my lovely co-workers made me feel as if I'd always been here.

Weekdays on my off-hours, I can be found running myriad errands for my family, playing catch with my little dog, chauferring my children to their various sports and activities, or volunteering my time. I have served as officer of Pediatric Cancer Foundation, as well as officer at my local synagogue, and I am actively involved with my children's schools, serving on committees when time permits. My family and I are involved with the local soup kitchen and other community-level programs.

On weekends, my husband and I usually find ourselves on the sidelines of a basketball court or soccer field watching our kids play. We enjoy hiking along the trails of Westchester's parks and spending time together at the beach. We are all avid skiers and try to take a family trip out West each year. My kids have long since past me with their ability on skis, and I must admit that I am always the last one down the mountain!

Working at Markhoff & Mittman has been gratifying. I enjoy being part of a process that helps our clients navigate what can truly be a daunting system. Markhoff & Mittman's clients are hard-working people who are facing a difficult time. All of us at M & M recognize that… and we in turn work hard to help them get the benefits that they deserve.

The Suesserman Family

Special Days in April…

April Fool's Day ..... April 1
One Cent Day ..... April 1
National Peanut Butter and Jelly Day..... April 2
Find a Rainbow Day ..... April 3
No Housework Day..... April 7
World Health Day..... April 7
National Coffee Cake Day ..... April 7
National Empanada Day ..... April 8
National Sibling Day.....April 10
Golfers Day..... April 10
Dandelion Day ..... April 11
Income Tax Day..... April 15
Rubber Eraser Day ..... April 15
National Eggs Benedict Day .... April 16
Passover Begins at Sundown... April 18
Pet Owner's Day ..... April 18
Humorous Day..... April 19
Garlic Day..... April 19
Earth Day ..... April 22
Home Run Day..... April 23
International Sing Out Day ..... April 23
Easter ..... April 24
Pigs in a Blanket Day..... April 24
Plumbers Day ..... April 24
Hug A Friend Day..... April 26
National Pretzel Day ..... April 26
Shuffleboard Day ..... April 26
Take Our Daughters to Work Day ..... April 28
Arbor Day..... April 29
Zipper Day..... April 29
National Honesty Day ..... April 30

And, April is…….

Autism Awareness Month
International Guitar Month
National Frog Month
National Humor Month
National Stress Awareness Month

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Ask the Attorney

Brian M. Mittman, Attorney at Law

Question: **If I am injured while playing on my company sponsored softball team, is that workers' compensation?**

Answer: If you are injured while playing for a company sponsored sporting event it is likely going to be a workers' compensation case. As a general rule, if an employer outright sponsors an event then you are considered to be in the course of your employment. Sometimes other factors (such as drinking!) can be a factor, but if it's a good old came of softball and you take one to the noggin, apply for benefits!.

You asked for information— we got it!

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